

FINISHING TOUCHES

ESPA HOLISTIC HAND AND ARM TREATMENT WITH HOT STONES 55 min.

A holistic arm, hand and nail treatment including a gentle skin refiner and a therapeutic massage incorporating hot stone therapy with the appropriate aromatherapy massage oils. Hands and nails are dipped in a warm envelopment of paraffin wax to intensively nourish, soften and condition. An application of nail colour is optional.

ESPA HOLISTIC FOOT AND LEG TREATMENT WITH HOT STONES 1 hr 10 min.

Holistic foot, leg and nail treatment including gentle exfoliation, and a relaxing acupressure point massage with the appropriate aromatherapy massage oil incorporating Hot Stone Therapy. The feet are then enveloped in warm paraffin wax to soften, deeply nourish and condition the skin. An application of nail colour is optional.

ESPA MANICURE 40 min.

An holistic arm, hand and nail treatment including a gentle skin refiner and a therapeutic massage incorporating hot stone therapy with the appropriate aromatherapy massage oil chosen for your individual needs. Hands and nails are dipped in a warm envelopment of paraffin wax to nourish and condition and wrapped in warm mitts.

ESPA PEDICURE 55 min.

A holistic foot and nail treatment including gentle skin softening exfoliation, and a relaxing acupressure point massage with the appropriate aromatherapy massage oil prescribed for your individual needs. The feet are then enveloped in warm paraffin wax to deeply nourish and condition the skin, leaving the feet soft and smooth.

RE PAINT 15 min.

WAXING

Includes skin brushing to prepare the skin and a soothing, cooling balm to finish. Choose from:

Full Leg Wax	40 min.
Full Leg and Bikini Wax	55 min.
Half Leg Wax	25 min.
Bikini Wax	10 min.
Underarm Wax	10 min.
Lip or chin	10 min.
Eyebrow Shape	10 min.

LASHES AND BROWS

24 Hour Patch Test Required. Choose from:

Eyelash Tint	20 min.
Eyebrow Tint	10 min.
Eyelash/Eyebrow Tint	30 min.